March 19, 2024

Gran Tierra Energy Inc.

(the "Company")

Notification of Transactions in the Company's Shares by Directors and Persons Discharging Managerial Responsibility

The Company announces the following transactions in the Company's common shares undertaken by directors / persons discharging managerial responsibility ("PDMRs").

The notification set out below is provided in accordance with the requirement of Article 19 of the EU Market Abuse Regulation.

Contact Information:

Gary Guidry President and Chief Executive Officer

Ryan Ellson Executive Vice President and Chief Financial Officer

Phillip Abraham Vice President, Legal and Business Development

(403) 265-3221 info@grantierra.com

1	Details of the person discharging managerial responsibilities / person closely associated		
a)	Name	Gary Guidry, President and Chief Executive Officer Ryan Ellson, Executive Vice President and Chief Financial Officer Jim Evans, Vice President, Corporate Services Phillip Abraham, Vice President, Legal and Business Development	
2	Reason for the not	Reason for the notification	
a)	Position/status	See 1 a) above	
b)	Initial notification /Amendment	Initial notification	
3	Details of the issue monitor	er, emission allowance market participant, auction platform, auctioneer or auction	
a)	Name	Gran Tierra Energy Inc.	
b)	LEI	549300IH2S17MAIUCM32	
4		nsaction(s): section to be repeated for (i) each type of instrument; (ii) each type of each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	Common Shares	
	Identification code	ISIN: US38500T2006	
b)	Nature of the transaction	Acquisition of Common Shares through the Company's Employee Share Savings Plan	
c)	Price(s) and volume(s)	PDMRPrice(s)Volume (s)Gary GuidryUSD 6.10704Ryan EllsonUSD 6.10251Jim EvansUSD 6.10202Phillip AbrahamUSD 6.10327	
d)	Aggregated information - Aggregated volume - Price	Price(s)VolumeUSD 6.101,484	
e)	Date of the transaction	March 19, 2024	
f)	Place of the transaction	Toronto Stock Exchange (TSX)	