January 22, 2021

Gran Tierra Energy Inc.

(the "Company")

Notification of Transactions in the Company's Shares by Director and Persons Discharging Managerial Responsibility

The Company announces the following transactions in the Company's common shares undertaken by directors / persons discharging managerial responsibility ("PDMRs").

The notification set out below is provided in accordance with the requirement of Article 19 of the EU Market Abuse Regulation.

Contact Information:

Gary Guidry

President and Chief Executive Officer

Ryan Ellson

Executive Vice President and Chief Financial Officer

Rodger Trimble

Vice President, Investor Relations

(403) 265-3221

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1	Details of the person discharging managerial responsibilities / person closely associated						
a)	Name	Ryan Ellson, Executive V Jim Evans, Vice Presiden	Gary Guidry, President and Chief Executive Officer Ryan Ellson, Executive Vice President and Chief Financial Officer im Evans, Vice President, Corporate Services Rodger Trimble, Vice President, Investor Relations				
2	Reason for the	otification					
a)	Position/status	See 1 a) above					
b)	Initial notification /Amendment	nitial notification					
3	Details of the is monitor	ails of the issuer, emission allowance market participant, auction platform, auctioneer or auction nitor					
a)	Name	Gran Tierra Energy Inc.					
b)	LEI	49300IH2S17MAIUCM32					
4		Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of ransaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	of instrument Identification	the financial instrument, type of instrument Identification ISIN: US38500T1016					
	code						
b)	Nature of the transaction	Acquisition of Common Shares through Employee Share Savings Plan					
c)	Price(s) and volume(s)			Price(s) USD 0.52 USD 0.52 USD 0.52 USD 0.52 USD 0.52	Volume (s) 7,576 5,366 2,367 3,788		
d)	Aggregated information - Aggregated volume - Price	Price(s) USD 0.52	. ,				
e)	Date of the transaction	21 January 2021					
f)	Place of the transaction	Toronto Stock Exchan	Toronto Stock Exchange (TSX)				