December 20, 2022

Gran Tierra Energy Inc.

(the "Company")

## Notification of Transactions in the Company's Shares by Director and Person Discharging Managerial Responsibility

The Company announces the following transaction in the Company's common shares undertaken by director / person discharging managerial responsibility ("PDMR").

The notification set out below is provided in accordance with the requirement of Article 19 of the EU Market Abuse Regulation.

Contact Information:

Gary Guidry President and Chief Executive Officer

Ryan Ellson Executive Vice President and Chief Financial Officer

Rodger Trimble Vice President, Investor Relations

(403) 265-3221 info@grantierra.com

1	Details of the person discharging managerial responsibilities / person closely associated						
a)	Name Ryan Ellson, Executive Vice President and Chief Financial Officer						
2	Reason for the notification						
a)	Position/status	See 1 a) above					
b)	Initial notification /Amendment	Initial notification					
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	Gran Tierra Energy Inc.					
b)	LEI	549300IH2S17MAIUCM32					
4		Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	he financial nstrument, type of instrument dentification ISIN: US38500T1016					
b)	Nature of the transaction	Acquisition of Common Shares through the Company's Employee Share Savings Plan					
c)	Price(s) and volume(s)					7	
		PDMR		Price(s) USD 0.87	Volume (s)	_	
		Ryan Ellson	Ryan Ellson		50,000		
d)	Aggregated information - Aggregated volume - Price	Price(s)	Volu	me (s)			
		USD 0.87	50,000		-		
e)	Date of the transaction	December 16, 2022					
f)	Place of the transaction	Toronto Stock Exchange (TSX)					