December 10, 2020

Gran Tierra Energy Inc.

(the "Company")

Notification of Transactions in the Company's Shares by Director and Persons Discharging Managerial Responsibility

The Company announces the following transactions in the Company's common shares undertaken by directors / persons discharging managerial responsibility ("PDMRs").

The notification set out below is provided in accordance with the requirement of Article 19 of the EU Market Abuse Regulation.

Contact Information:

Gary Guidry

President and Chief Executive Officer

Ryan Ellson

Executive Vice President and Chief Financial Officer

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Vice President, Investor Relations

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1	Details of the person discharging managerial responsibilities / person closely associated	
a)	Name	Wade Capital Corporation
2	Reason for the notification	
a)	Position/status	Person Closely Associated with Brooke Wade, Director
b)	Initial notification /Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Gran Tierra Energy Inc.
b)	LEI	549300IH2S17MAIUCM32
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	Common Stock ISIN: US38500T1016
b)	Nature of the transaction	Purchase of Shares
c)	Price(s) and volume(s)	Price(s) Volume (s) USD 0.39 200,000
d)	Aggregated information - Aggregated volume - Price	n/a
e)	Date of the transaction	09 December 2020
f)	Place of the transaction	Toronto Stock Exchange (TSX)