GRAN TIERRA ENERGY INC.

Notice of 2019 Annual Meeting and Proxy Statement

March 26, 2019

Gran Tierra Energy Inc. announced today the publication of its Notice of 2019 Annual Meeting of Stockholders and Proxy Statement (the "Notice").

The Notice has been submitted to the National Storage Mechanism and will be available for inspection at www.morningstar.co.uk/uk/nsm. The Notice is being mailed to shareholders today and is also available on the Company's website at www.grantierra.com.

The Annual Meeting will be held on Tuesday, May 7, 2019 at 11:00 a.m. (Mountain Time) at Centennial Place, 3rd Floor, West Tower, 250 – 5 Street SW, Calgary, AB, Canada.

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